

Activity 1:

Everyone for themselves

A mini-handball game on increasing understanding of cultures and subgroups involving four teams.

Description

Here is how to play this handball game where four teams compete at the same time on the same field and try to achieve their own goals.

- Set up a square grid with a cone marking each corner and four goals, one on each side of the grid. All goals have a goalkeeper.
- Tell the teams that all four teams will play on the field at the same time. For example, team A versus team B and team C versus team D. Teams play basic handball in a five-versus-five game.
- Teams have to negotiate around how they will be playing on the same pitch.
- Players have to identify their teammates and their opponents. Allow players to problem solve themselves. It may take one game for players to adapt to the playing conditions.
- Games last four minutes and then teams face different opponents.

Discussion questions

Reflect

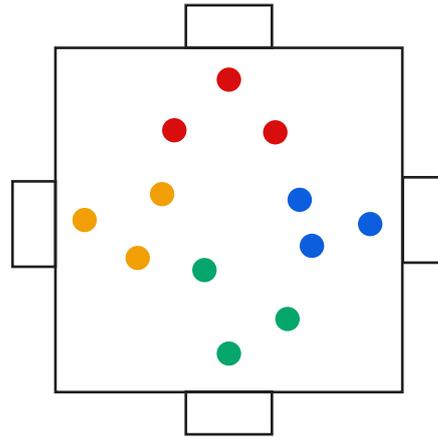
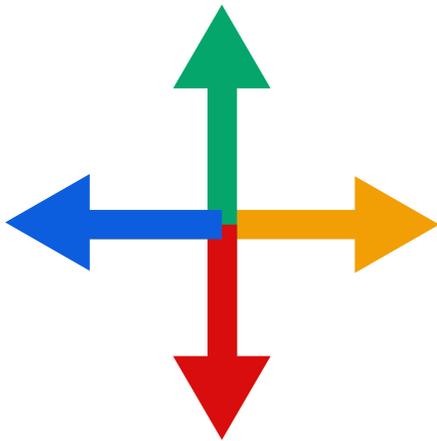
How was your experience playing this game? Was it challenging to manage to play the game? How is this game similar to the community you are living in?

Connect

What have you learnt so far from interacting with people in your community? How do differences in your community make it stronger?

Apply

What can you do to increase your awareness about intercultural education? How do you think, this will affect your performance with your class or team?



Facilitation notes

If you have limited space, play separate games. Start by asking the whole group about different subgroups living in their communities. This game can also be played in the format of a tournament. Describe any reflection associated with the activity. If the activity applies to multiple units, provide guidance on how to ask specific questions for each unit. Discuss about differences within the class and the team and build on their strengths.

Number of Teachers or Coaches	1-2
Number of Students or Athletes	12-24
Typical Age Group	12+
Time Needed	25 minutes
Space Needed	handball playground
Materials Needed	<ul style="list-style-type: none"> • 24 Bibs (4 different colours x 6 each) • 2 Balls • 12 Cones
Activity Objective	To increase understanding of cultures and subgroups
Related Unit	Unit 3
Related Learning Competences	Self-confidence, creativity, planning, decision making, cooperation, communication, teamwork and problem solving