

Bonus Activity:

Tresure Chest

A ball game in which participants employ their teamwork and problem-solving skills to deal with discrimination.

Description

- Place a rectangle with 4 cones and a small square (treasure) in the middle of the rectangle. 4 groups of at least 3 members face the cones in the square and put on bibs. In the middle, the treasure is in the form of balls.
- Explain the game and start the first round. The participants try to get the balls out of the treasure chest as fast as possible with different techniques (hand, foot, in pairs, forehead to forehead, ...) and bring them to their own team.
- Count the balls of the teams, encourage verbally and applause the team with the most balls.
- Return the balls to treasure chest. Collect the balls and unobtrusively move the treasure in the middle in favor of the team with the most balls.
- The exercise is performed with a new technique. The treasure is now inconspicuously closer to one team. Perform this differently each time for 2-4 times.
- As the last game, the treasure is repositioned in the middle.
- The teams go to their hats and give a quick feedback on how they got into the game.
- The teams take off their bibs (leave the team's role) and sit together in a circle.
- Summarize the key points and start a discussion on discrimination and fair play.

Discussion questions

Reflect

How did you feel when the treasure was moved closer to the other team? How did you feel when it was moved closer to you?

Connect

Can you recall a similiar instance in your life? How did you react? How would you react now?

Apply

How can we make sure discrimination does not occur in and out of playing fields?

Facilitation notes

Try to move the treasure not too obviously in the game. Pay attention to reactions and comments from the teams further away from the treasure (keyword discrimination, fair play). Each team gives a quick feedback on how they got into the game. Then all participants pull off the team shirts and move together in the middle (leaving the role in the team). Discussion should revolve around discrimination and Fair-Play. The goal of the exercise is achieved when a privilege is recognized and addressed ("that's unfair," "they get the balls more easily," ...). This is the central moment of the discussion!

Number of Teachers or Coaches	2
Number of Students or Athletes	12-20
Typical Age Group	12+
Time Needed	50-60 min
Space Needed	Playground, Sports Hall
Materials Needed	<ul style="list-style-type: none">- 13-25 balls- min. 8 cones- training bibs in 4 different colours
Activity Objective	To reflect: <ul style="list-style-type: none">- privileges- experience and discuss forms of discrimination / exclusion
Related Units	Unit 2&3
Related Learning Competences	Self, social and strategic competences such as: Leadership, communication, Teamwork, problem solving, motivation.